

NEW RELEASE 2026



Nathalie Rubens *Seasons of Time*

Texts by Elinor Carucci, Nathalie Rubens
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The inevitability of time passing and the precious liminality of aging

Seasons of Time offers a photographic meditation on the liminality of aging—juxtaposing two very different yet intricately connected »comings of age«: the transition into young adulthood and the passage into post-menopausal life. Rubens turns the camera both on herself and her daughter Ruby—creating a visual enquiry into change, self-discovery, and the cycles of life.

Deeply personal yet universally resonant, the body of work exposes the inevitability of time passing. This intimate collection of images captures the beauty and complexity of female experience through the intertwined lenses of family, aging, and identity. A quiet melancholy permeates the images, where the subtle grief of aging coexists with the tenderness of becoming.

From the foreword by Nathalie Rubens:

While the transition into young womanhood is much discussed, written about, and celebrated, the parallel transition into menopause and older adulthood has largely remained untouched as a subject in popular culture. There are no guideposts or road maps for this new season. (...)

Until recently, I felt defined by motherhood and my four children. Now I am left with a sense of emptiness and abandonment as I try to reformulate my identity amid a fog of purposelessness. I have never confronted a phase of my life with such shock and unpreparedness. For Ruby, aging is not an apprehensive exploration of the unknown; it is the anticipation of independence and the unconstrained forging of a self in the world.

The transformation unfolding between mother and daughter is mirrored in the quiet landscape photographs that punctuate the

book. The changing seasons anchor the narrative, most notably the recurring motif of two tall trees standing side by side—rooted, resilient, weathering time together. Their silent presence evokes Nathalie and Ruby by themselves: distinct yet entwined, holding one another through their respective rites of passage.

From the essay *The Quiet, Inevitable Power of Middle-Aged Womanhood* by Elinor Carucci:

There is a tension in the photographs, between abject fear and quiet strength, insatiable longing and brave honesty. (...) The simultaneity of grief and resilience, vulnerability and power, defines the complex identity of middle-aged womanhood.

Nathalie Rubens is a fine-art photographer based in New York City and Dutchess County. Holding a BA in History from the University of California, Berkeley, and an MA in Foreign Policy and Economics from Johns Hopkins University, Rubens has previously worked in journalism and international development. Drawing on this multifaceted background, she has developed a striking photographic practice. A member of Soho Photo Gallery, *Seasons of Time* marks her debut photobook.

Elinor Carucci is a renowned New York–based photographer whose work has been exhibited internationally and is held in major museum collections, including the Museum of Modern Art, New York, and the Brooklyn Museum. She is the recipient of the International Center of Photography’s Infinity Award and a Guggenheim Fellowship, and has published five monographs to date.

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press@kehrerverlag.com or pr.assistance@kehrerverlag.com
 Kehrer Verlag, Mannheimer Str. 175, 69123 Heidelberg, Germany
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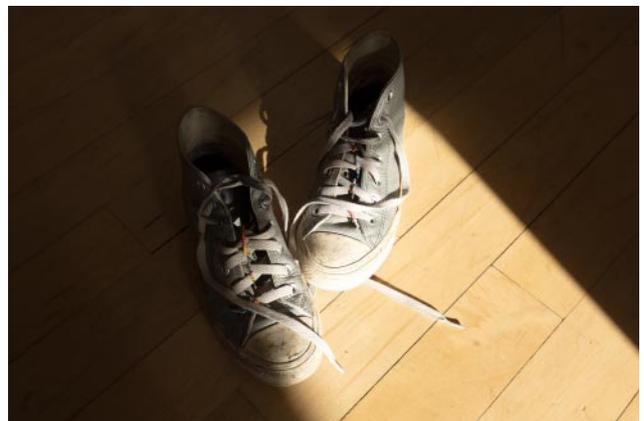
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